

## Instructions to Timothy - 1 Timothy 4:1-16

### Topics:

Abandon, Abilities, Believe, Bible, Conscience, Demons, Devotion, Doctrine, Example, Faith, Gifts, God, Holy Spirit, Hypocrisy, Jesus Christ, Last Days, Legalism, Life, Life-style, Love, Ministry, Reading, Salvation, Teaching

### Open It Questions

A. Why do you think there is such emphasis on physical fitness in our society?

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B. What qualities do you look for in a pastor or minister?

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### Explore It Questions

1. What did the Spirit say some would do in the later time? (4:1)

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2. What did Paul say about the consciences of hypocritical liars? (4:2)

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3. What did the liars whom Paul attacked forbid people to do? (4:3)

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4. What is true about all that God created? (4:4)

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5. Why should anything received with thanksgiving not be rejected? (4:4-5)

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6. Under what circumstances would Timothy be a good minister? (4:6)

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7. What did Paul instruct Timothy to do? (4:7)

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8. How did Paul contrast physical training with godliness?  
(4:8)

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9. What saying is trustworthy? (4:9-10)

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10. What should young people strive for? (4:12)

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11. What kind of example did Paul want Timothy to set? (4:12)

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12. To what was Timothy to devote himself? (4:13)

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13. What was Timothy not to neglect? (4:14)

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14. What did Paul want others to see? (4:15)

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15. What could Timothy do to save himself and his hearers?  
(4:16)

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**Get It Questions**

16. For what reasons do people today abandon their faith?

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17. From what good things have people persuaded you to  
abstain?

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18. How can we be good ministers of Jesus Christ?

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19. What does your use of time show about how much you value training for godliness?

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20. In what ways can you be an example to other believers?

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21. What importance does your church assign to the public reading of Scripture?

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22. What gift has God given to you that you should not neglect?

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23. How will watching your life and doctrine save you?

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**Apply It Questions**

24. What specific actions can you schedule into your daily routine to nurture your godliness?

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25. For what other Christians can you set an example in speech, life-style, love, faith, or purity? How?

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26. How can you keep watch over your life and doctrine this week?

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Adult Questions for LESSONMaker.

# New Hope Missionary Baptist Church of Southfield, Michigan

## Facilitators

Rev. Rodney Kemp

Rev. Valerie Crump

Rev. Jacqueline Albert

Dean Donna Wilson

Minister-in-Training Alicia Martin

Sis. Robbin Cooper, Sunday School  
Superintendent

Sis. Jackie Bray, Adult Teacher

Bro. Jonathan Clark, Adult Teacher

Sis. Vineta Mitchel, Adult Teacher

Sis. Gloria Vinson, Adult Teacher

Bro. Kendall Taylor, Youth Teacher

*Welcome to Bible Study!*

# 1 Timothy

*"This charge I entrust to you..."*

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**1 Timothy 4:1-16**  
***"Instructions to Timothy"***

# PRAYER







# 1 Timothy

"This charge I entrust to you..."

## 1 Timothy 4:1-16

### *“Instructions to Timothy”*

# TOPICS

# 1 Timothy

"This charge I entrust to you..."

## 1 Timothy 4:1-16

### *"Instructions to Timothy"*

#### TOPICS

- Abandon
- Abilities
- Believe
- Bible
- Conscience
- Demons
- Devotion
- Doctrine
- Example
- Faith
- Gifts
- God
- Holy Spirit
- Hypocrisy
- Jesus Christ
- Last Days
- Legalism
- Life
- Life-Style
- Love
- Ministry
- Reading
- Salvation
- Teaching



# 1 Timothy

"This charge I entrust to you..."

## 1 Timothy 4:1-16

### *“Instructions to Timothy”*

**OPEN IT QUESTIONS**

# 1 Timothy

"This charge I entrust to you..."

## 1 Timothy 4:1-16

### *“Instructions to Timothy”*

#### OPEN IT QUESTIONS

- A. Why do you think there is such emphasis on physical fitness in our society?

# 1 Timothy

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### *"Instructions to Timothy"*

#### **OPEN IT QUESTIONS**

B. What qualities do you look for in a pastor or minister?



# 1 Timothy

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# INTRODUCTION



# 1 Timothy

"This charge I entrust to you..."

## 1 Timothy 4:1-16

### *“Instructions to Timothy”*

#### **INTRODUCTION**

Paul’s mind turned from the exalted role of the church in the plan of God ([3:16](#)) to the obstacles that were preventing the Ephesian believers from being totally effective. Paul warned the church of the tactics and teachings of its enemies. False teachers were (and still can be) a threat to the church. Paul knew that their teachings, if left unchecked, would greatly distort Christian truth. This critical danger would come from within the church.



# 1 Timothy

*"This charge I entrust to you..."*

## 1 Timothy 4:1-16

### *"Instructions to Timothy"*

**SCRIPTURE**



# 1 Timothy

"This charge I entrust to you..."

## 1 Timothy 4:1-16 *"Instructions to Timothy"*

### SCRIPTURE (NLT)

<sup>1</sup>Now the Holy Spirit tells us clearly that in the last times some will turn away from the true faith; they will follow deceptive spirits and teachings that come from demons.

<sup>2</sup>These people are hypocrites and liars, and their consciences are dead.

<sup>3</sup>They will say it is wrong to be married and wrong to eat certain foods. But God created those foods to be eaten with thanks by faithful people who know the truth.

<sup>4</sup>Since everything God created is good, we should not reject any of it but receive it with thanks.

<sup>5</sup>For we know it is made acceptable by the word of God and prayer.

# 1 Timothy

"This charge I entrust to you..."

## 1 Timothy 4:1-16

### *“Instructions to Timothy”*

#### SCRIPTURE

<sup>6</sup> If you explain these things to the brothers and sisters, Timothy, you will be a worthy servant of Christ Jesus, one who is nourished by the message of faith and the good teaching you have followed.

<sup>7</sup> Do not waste time arguing over godless ideas and old wives’ tales. Instead, train yourself to be godly.

<sup>8</sup> “Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come.”



# I Timothy

"This charge I entrust to you..."

## 1 Timothy 4:1-16

### *“Instructions to Timothy”*

#### SCRIPTURE

<sup>9</sup> This is a trustworthy saying, and everyone should accept it.

<sup>10</sup> This is why we work hard and continue to struggle, for our hope is in the living God, who is the Savior of all people and particularly of all believers.

<sup>11</sup> Teach these things and insist that everyone learn them.

<sup>12</sup> Don't let anyone think less of you because you are young. Be an example to all believers in what you say, in the way you live, in your love, your faith, and your purity.

<sup>13</sup> Until I get there, focus on reading the Scriptures to the church, encouraging the believers, and teaching them.



# 1 Timothy

"This charge I entrust to you..."

## 1 Timothy 4:1-16

### *“Instructions to Timothy”*

#### SCRIPTURE

<sup>14</sup> Do not neglect the spiritual gift you received through the prophecy spoken over you when the elders of the church laid their hands on you.

<sup>15</sup> Give your complete attention to these matters. Throw yourself into your tasks so that everyone will see your progress.

<sup>16</sup> Keep a close watch on how you live and on your teaching. Stay true to what is right for the sake of your own salvation and the salvation of those who hear you.



# 1 Timothy

*"This charge I entrust to you..."*

## 1 Timothy 4:1-16

### *"Instructions to Timothy"*

**EXPLORE IT QUESTIONS**

# 1 Timothy

"This charge I entrust to you..."

## 1 Timothy 4:1-16 "Instructions to Timothy"

1. What did the Spirit say some would do in the later time? ([4:1](#))

### EXPLORE IT QUESTIONS

*<sup>1</sup>Now the Holy Spirit tells us clearly that in the last times some will turn away from the true faith; they will follow deceptive spirits and teachings that come from demons. (NLT)*

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## 1 Timothy 4:1-16 "Instructions to Timothy"

2. What did Paul say about the consciences of hypocritical liars? ([4:2](#))

### EXPLORE IT QUESTIONS

*<sup>2</sup> These people are hypocrites and liars, and their consciences are dead.*

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3. **What did the liars whom Paul attacked forbid people to do?**  
**(4:3)**

### EXPLORE IT QUESTIONS

*<sup>3</sup> They will say it is wrong to be married and wrong to eat certain foods. But God created those foods to be eaten with thanks by faithful people who know the truth.*



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4. What is true about all that God created? ([4:4](#))

### EXPLORE IT QUESTIONS

*<sup>4</sup> Since everything God created is good, we should not reject any of it but receive it with thanks.*

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5. Why should anything received with thanksgiving not be rejected? ([4:4-5](#))

### EXPLORE IT QUESTIONS

*<sup>4</sup> Since everything God created is good, we should not reject any of it but receive it with thanks.*

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6. Under what circumstances would Timothy be a good minister? ([4:6](#))

### EXPLORE IT QUESTIONS

*<sup>6</sup> If you explain these things to the brothers and sisters, Timothy, you will be a worthy servant of Christ Jesus, one who is nourished by the message of faith and the good teaching you have followed.*

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7. What did Paul instruct Timothy to do? ([4:7](#))

### EXPLORE IT QUESTIONS

*<sup>7</sup> Do not waste time arguing over godless ideas and old wives' tales. Instead, train yourself to be godly.*

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### *“Instructions to Timothy”*

8. How did Paul contrast physical training with godliness? ([4:8](#))

#### EXPLORE IT QUESTIONS

*<sup>8</sup> “Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come.”*

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### 9. What saying is trustworthy? ([4:9-10](#))

#### EXPLORE IT QUESTIONS

<sup>9</sup> *This is a trustworthy saying, and everyone should accept it.*

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# 1 Timothy

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## 1 Timothy 4:1-16 "Instructions to Timothy"

**10. What should young people strive for? ([4:12](#))**

### EXPLORE IT QUESTIONS

*<sup>12</sup> Don't let anyone think less of you because you are young. Be an example to all believers in what you say, in the way you live, in your love, your faith, and your purity.*

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11. What kind of example did Paul want Timothy to set? ([4:12](#))

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12. To what was Timothy to devote himself? ([4:13](#))

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*<sup>13</sup> Until I get there, focus on reading the Scriptures to the church, encouraging the believers, and teaching them.*

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14. What did Paul want others to see? ([4:15](#))

**EXPLORE IT  
QUESTIONS**

*<sup>15</sup> Give your complete attention to these matters. Throw yourself into your tasks so that everyone will see your progress.*

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15. What could Timothy do to save himself and his hearers? ([4:16](#))

### EXPLORE IT QUESTIONS

*<sup>16</sup> Keep a close watch on how you live and on your teaching. Stay true to what is right for the sake of your own salvation and the salvation of those who hear you.*



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**GET IT QUESTIONS**

**#16 - #23**

**APPLY IT QUESTIONS**

**#24 - 26**

**(See Participant Handout)**

# New Hope Missionary Baptist Church of Southfield, Michigan

Do not rebuke an older man harshly,  
but exhort him as if he were your  
father. Treat younger men as brothers,  
older women as mothers, and younger  
women as sisters, with absolute purity.

1 Timothy 5:1-25

“Advice about Widows,  
Elders and Servants/  
Employees”

**NEXT  
WEEK'S  
LESSON**



# PRAYER

